



ONLINE SEMINAR

A five-week experience of shared reflection, honest conversation, and meaningful challenge for lifelong learners.

WHAT IS IT?

An online Socratic-type seminar that invites lifelong learners in their thirties and beyond to deep thought and shared reflection about where they've been, where they are, and where they want to go on the path—the *camino*—of life.

We run separate groups for men and women. We utilize a secure Zoom platform, and groups are normally limited to seven: a Camino Institute staff facilitator and six participants. There is a clear structure to the Seminar:

- Meeting 1: Orientation & Introductions
- Meeting 2: Where We've Been
- Meeting 3: Where We Are
- Meeting 4: Where We Want To Go
- Meeting 5: Resolutions & Conclusion

Prior to each meeting, you'll be invited to do some preparatory reading on your own. Our curriculum includes readings and media that will engage you with both classical wisdom and contemporary thought. Along with each week's readings, we'll provide compelling questions for your reflection. Sharing thoughts guides our conversation.

Camino Institute is not formally religiously affiliated, but is inspired by the spirituality of St. Ignatius Loyola, founder of the Jesuits. Our discussions are not overtly theological, but we invite participants to consider their faith in the context of our conversations, and vice-versa.

The Camino Seminar is not therapy or counseling. It is just a healthy challenge to think deeply, reflect meaningfully, and talk honestly with a small cohort of other adults about what matters most in life.

WHO CAN DO IT?

Our men's groups welcome men over thirty; our women's groups welcome women over thirty. We also offer a separate Young Men's and Young Women's Seminars specifically tailored to young adults in or around their twenties.

WHY SEPARATE MEN'S AND WOMEN'S GROUPS?

Experience tells us that this provides a valuable opportunity for openness, honesty, and solidarity. By engaging in shared reflection with a small group of fellow men or women, participants are afforded a chance to learn from each other's experience, perspectives, struggles, victories, and questions.

WHEN IS IT?

The Seminar runs for 5 consecutive weeks, with a 90-minute meeting on the same single evening each week. With our small group size, we have found this duration allows plenty of participation and discussion.

WHY ONLINE?

The Camino Institute normally runs international service-based Seminars at our campus in the mountains of the Dominican Republic. With travel limited right now, we wanted to offer something accessible and helpful under our current circumstances.

HOW MUCH IS IT?

\$199 covers all 5 sessions, including readings and other materials provided. You can pay electronically or by check. Unfortunately, we can't offer refunds for missed sessions.

WHY SHOULD I DO IT?

Our previous clients can probably say it best:

"It's the type of thing I have been craving but didn't realize I needed until I participated."

"If you're looking for a way to slow down in a fast-paced world, Camino Institute is the answer. It's a chance to let vulnerability shine; to be okay with where and who you are."

"In a time when genuine human connection and conversation is lacking, these sessions have served as a great outlet. The passages/topics presented are thought-provoking and I look forward each week to discussing and learning from others!"

"In spite of the screen, the Seminar is an opportunity for depth."

"With nearly 50 combined years of Jesuit education and instruction between them, Paul & Adam know what they're doing... They don't teach so much as lead participants to their own independent conclusions, an approach which inevitably results in the most valuable manner of self-reflection."

"Amidst the hustle and bustle of today's world, it's nice to have a weekly moment where I can be totally free of anything else in my life and enjoy meaningful conversation with thoughtful people."

HOW DO I REGISTER?

Just visit www.caminoinstitute.com and go to the 30+ Online Seminar page.

